



SANCTUM
Inle Resort – Myanmar

SPA AREA

Offering six treatment rooms – all with air conditioning and fans -- on two floors with most of the rooms featuring individual showers decorated in harmonious colors by France's Brigitte Du Mont Chassart, who also designed the acclaimed La Residence Hotel & Spa in Hue, Vietnam. The ground floor consists of three single rooms with a small retail area and a reception area. The first floor features one single, one couple, the Thai massage room (with small private terrace) and an area with four foot massage chairs. The spa's teak furniture is hand made in a lakeside village 8 km from the resort. The floor is made from green cement tiles with warm ochre colors and natural teak wood.

FACILITIES

Total square meters 170
Four single treatment rooms
Couple's treatment room
Thai massage room

SIGNATURE TREATMENT

Tamarind Scrub

OTHER TREATMENTS & THERAPIES

The staple of the menu is the range of healing massage techniques including the hot stone massage, supported by a cleansing ritual that can be added before a massage. For guests who would like just a teaser or are in a rush, we are offering 30-minute express treatments. For those who would like to indulge themselves, two "Journeys" are available, ranging from 1½ - to 2 hours, with the option to tack on a facial. Apart from the menu, our Spa Trainer, Nyoman Yastama, is taking advantage of the seasons and is using fresh ingredients that are available at Inle all year around, such as cucumbers.

SERVICES

Gift Certificates
Packages

SANCTUM INLE RESORT

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PERSONNEL

The Spa is headed by our Spa Trainer, Nyoman Yastama, who earned a diploma from the Tourism Training Center Dhyana Pura (Bali, Indonesia) in 2000. Before coming to Sanctum Inle Resort, Nyoman worked at Conrad Hotel Dubai (2013-2014), Thai Home Spa Bermuda (2012-2013) and Kempinski Hotel Badamdar Baku Azerbaijan (2011-2012).

Nyoman is a very dedicated Spa Trainer and has been training a small, local team around the clock since December 2014. They will graduate in May 2015 with certificates. Furthermore, Nyoman is experimenting with fresh tamarind (harvested from our property) as well as the famous Thanaka cumin powder and other local ingredients.



PRODUCTS

Yves Rocher
Natural Rendezvous
Azial

The essential oils used are 100% essential and are from Natural Rendezvous and Azial in Vietnam. They will be mixed with the finest grape seed or almond oil. The small but efficient range of facial products is using Yves Rocher techniques and products from France. We are offering three facials, for dry, oily and sensitive skin. The sounds, smells and colors are to stimulate all senses.

CONCEPT

The Spa is small and cozy and the emphasis is on personal service and good relaxing massages rather than belonging to an International spa brand. Our goal is to create a unique, individual spa experience.

