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## 6 luxe babymoon destinations

### By Sasha Gonzales

Simply Her | Tue, Oct 27 2015



Sanctum Inle Resort

Myanmar

www.sanctum-inle-resort.com

This minimalist resort, with its arches, courtyards and cloisters, gets its inspiration from monastic life. But "minimalist" does not mean "no frills" - expect plush beds, air-conditioning and cable TV.

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homes of local fishermen. Take a gentle boat ride through colourful markets and past ancient pagodas and villages, or stroll through the resort's gardens. The on-site restaurant, The Refectory, serves regional fare like traditional curries, mohinga (a rice-noodle and fish soup), and fresh garden salads. Heho Airport is the main airport serving Inle Lake; you'll need to hop on a domestic flight from Yangon and Mandalay.

The resort is on the banks of the famous Inle Lake, which is dotted with the stilt

Room rates: From US\$324 a night

Relax at the spa: The in-house spa offers face and body therapies, from hot stone massages to its signature treatment, the Tamarind Scrub, which uses fresh tamarind from the gardens. Your therapist can customise a treatment for you.

Need medical care? Try the International SOS Clinic Yangon (www.internationalsos.com), which coordinates with hospitals in Inle. The resort's concierge can also connect you to an English-speaking doctor in Nyaung Shwe, a 25-minute drive away.

## Anantara Tangalle Peace Haven Resort

Sri lanka

www.tangalle.anantara.com

The spanking new resort, slated to open on Oct 1, may seem miles away from everything, but it's just a short drive from the island's most iconic cultural sites, like the Mulkirigala Rock Temple, and bustling markets and villages.

Set within a massive coconut plantation and facing the Indian Ocean, it's a tranquil hideaway. Practise yoga, meditation or tai chi on the beach, attend a cooking class, or go on a whale-watching tour. The elegant rooms offer garden or ocean views; if you'd like a private pool, check into one of the stunning villas.

Room rates: From US\$250 a night

Relax at the spa: The Anantara Spa offers face and body treatments based on ancient Sri Lankan and modern Western therapies. Book a body scrub or wrap, and a massage.

Need medical care? Holton Hospital (www.holton.lk) in Walasmulla is a 25-minute drive from Tangalle.

### Kata Rocks

Phuket, Thailand

www.katarocks.com

A luxury resort overlooking the Andaman Sea, this place boasts palatial Sky Villas, which feature large living areas, open-plan kitchens and private infinity pools. Located between Kata and Kata Noi beaches, Kata Rocks is private and quiet - just what you need to relax.

When you're not checking out the super yachts moored off the island of Koh Pu, you can chill out on a sunbed by the pool, tuck into an oceanfront picnic prepared by your personal chef, or enjoy a meal on your spacious outdoor terrace. An early-morning or sunset beach walk is great exercise; there is also a state-of-the-art fitness centre and gym.

Room rates: From 22,400+++ baht a night

Relax at the spa: The resort's Infinite Luxury Spa offers customised treatments using organic spa products. Or try a his-and-hers package with your hubby.

Need medical care? The resort has a small clinic. If you need more in-depth care, the nearest medical facility is Deebook International Hospital, which is 20 minutes away. Phuket Hospital (www.phuketinternationalhospital.com) is 45 minutes away.

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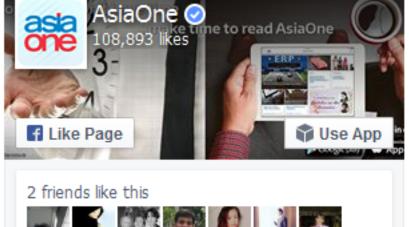


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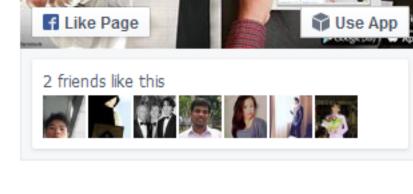
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