



TRAVEL

8 Wellness Resorts to Start Your New Year Right



TRAVEL

5 Beautiful Eco-Friendly Lodges for a Refreshing Escape



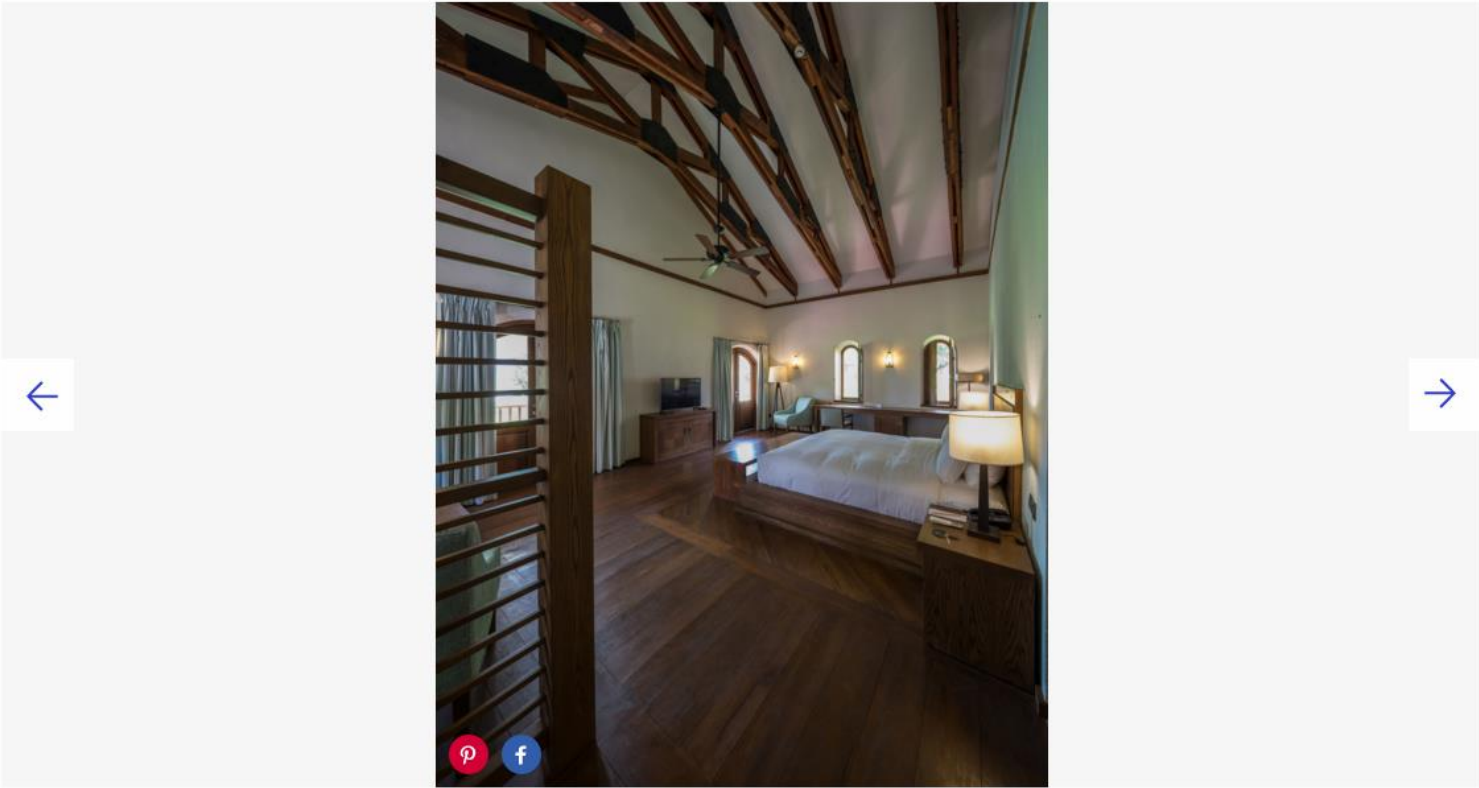
TRAVEL

The 9 Most Luxurious Après-Ski Spa Hotels



Activate Windows

Go to PC settings to activate Windows



[Sanctum Inle Resort, Maing Thauk Village, Myanmar](#) Myanmar's rapid ascent as a tourism hot spot suggests that it will soon be as congested with visitors as its Asian neighbors. But find refuge from the crowds at Sanctum Inle Resort, tucked in a quiet community of wood houses on stilts. Getting to the hushed property first requires a short flight from buzzyer Yangon or Mandalay to Heho, a 90-minute drive from the resort. The lofty monastic rooms are elegantly minimalist and feature natural wood and views of Inle Lake or the garden. One invigorating itinerary for the day: watching buffalo graze, followed by Sanctuary Spa's signature tamarind exfoliation and traditional fish and noodle soup at the Refectory, the aptly named restaurant. *From \$188/night*

HIDE CAPTION X

Photo: Courtesy of Sanctum Inle Resort