The Best Wellness Spas & Hotels Around World

Southeast Thermal Bath, Revengi (Bangkok)

A myriad of hot springs, thermal baths, and saunas await you at this well-managed wellness establishment.

The Farm at San Benito, Navotas (Philippines)

This is one of the world's most highly regarded wellness facilities, offering holistic therapies and dietary plans to help guests recover from various ailments.

Absolute Sanctuary, Koh Samui (Thailand)

A paradise for wellness enthusiasts, this spa offers a range of treatments and relaxation experiences.

Hoteles Altamira, Pürete Zekhtin (Costa Rica)

This resort is known for its natural mineral waters, which are said to have healing properties.

Sonora Hide Resort, Mung Kin Yuen (Miyazaki)

A unique wellness retreat offering traditional treatment modalities and modern therapies.

Aranda in the Himalayas, Narvandoong (India)

This resort is renowned for its Ayurvedic treatments and holistic approach to wellness.

Al Maha Desert Resort, Sharjah (United Arab Emirates)

The resort offers a range of wellness activities, from spa treatments to desert camping experiences.