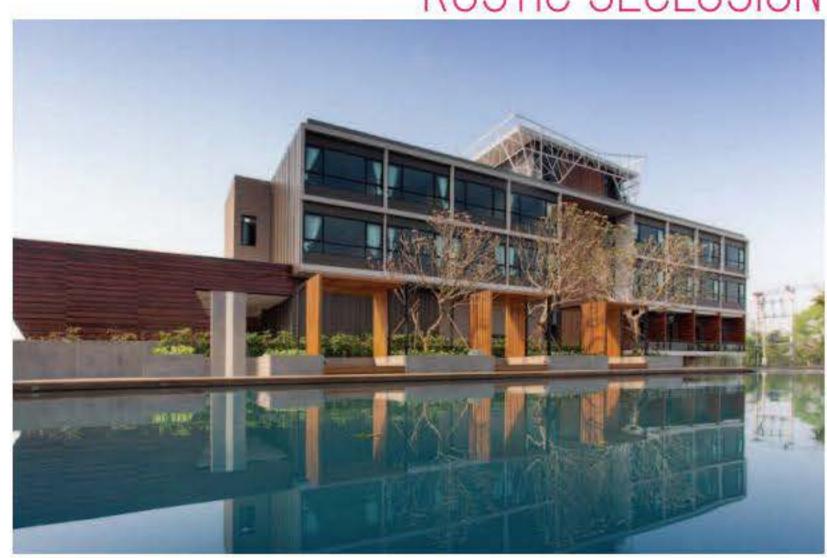
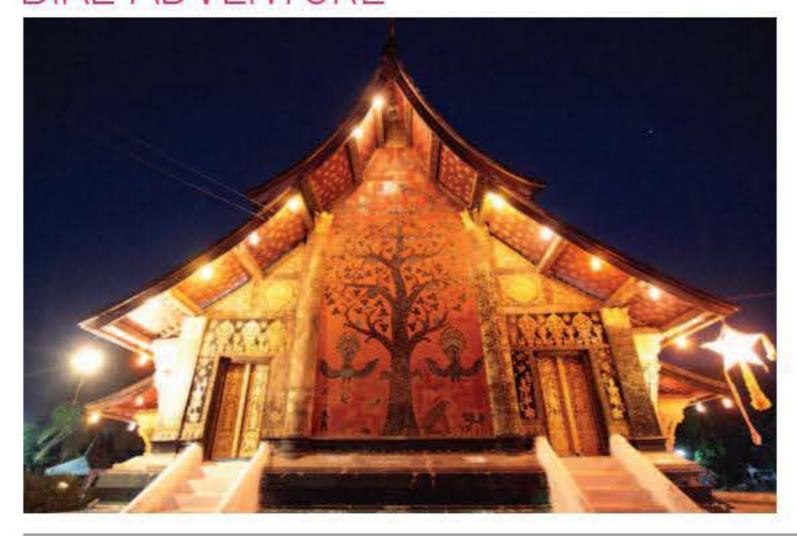


RUSTIC SECLUSION

Travellers looking to escape from the hectic pace of city life will rejoice at the newlyopened North Hill City Resort in Chiang Mai, Thailand. Inspired by the beautiful landscape of the region, the new resort features fresh, contemporary design, seen in its 42 spacious guest rooms and suites, which offer serene views of the Doi-Suthep Temple. In addition to a fitness centre with state-of-the-art cardio equipment; an all-day Italian restaurant; an outdoor pool; and a stunning amphitheatre for memorable events, the North Hill City Resort is also home to a private organic farm. Guests will have the opportunity to take farm-to-table cooking classes, in which they will learn to hand-pick local herbs and vegetables. www.northhillcityresort.com

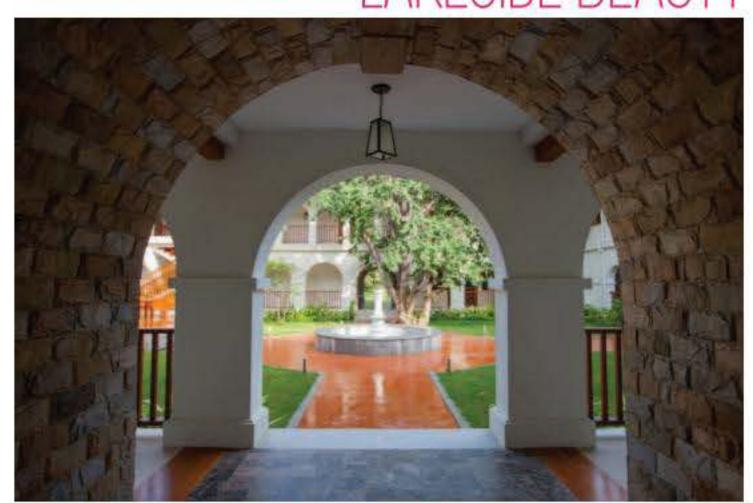


BIKE ADVENTURE



SpiceRoads Cycle Tours has launched two new half-day tours in Southeast Asia, allowing travellers the chance to explore the capital of Thailand and north central Laos on two wheels. Bangkok's Hidden Treasure is a 13km ride through the city's less-visited neighbourhoods. Guests will visit the centuries-old Chinese community, view artwork and traditional crafts at Ban Silapin (Artist's House), and enjoy a relaxing ride in a traditional Thai long-tail boat along the majestic Chao Phraya River. For the Luang Prabang Night Ride - a 12 km journey along the narrow lanes and small hidden alleys of the French Indochinese colonial quarter - participants will visit unique temples and stroll through a local market, where they can find traditional handicrafts and sample Laotian cuisine. www.spiceroads.com

Travellers who want to take in the famed Inle Lake in Myanmar should check into the 94-room Sanctum Inle Resort, set to open in Nyaungshwe Township this October. Created by acclaimed French designer Brigitte Dumont de Chassart, the new resort features Spanish-style arches and minimalist, modern room design. Ranging in size from 40sqm to 150sqm, all rooms come with lofty ceilings, natural wood floors, plush bedding, air-conditioning, and cable TV. The 107-seat Refectory restaurant offers a full complement of local and Western dishes, while the Cloister Bar serves a wide selection of Myanmar-brewed beers, international wines, and Cuban and Dominican cigars. Don't forget to enjoy an indulgent treatment at the Sanctuary Spa, or take a refreshing dip in the Olympic-sized swimming pool. www.sanctum-inle-resort.com



LAKESIDE BEAUTY